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### Minnesota Dept. of Natural Resources Division of Fish and Wildlife Section of Fisheries

# Aquatic vegetation point intercept surveys of South Center Lake (13-0027), Chisago County, Minnesota

## May and August 2008

Area Fisheries Supervisor	Date	
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Report by: Deb Sewell Fisheries Management Specialist Hinckley Area Fisheries Office



#### Introduction

South Center is a deep eutrophic lake that is part of a chain of medium to large lakes in southern Chisago County. The lake has several deep holes, with very sharp breaks but is also characterized by an extensive littoral area (67%). Much of the shoreline is developed with lake homes. South Center Lake receives heavy recreational pressure in the summer, and heavy angling pressure year round.

In 2007, South Center Lake was chosen as a sentinel lake for a new multi-partner long term monitoring project: Sustaining Lakes in a Changing Environment (SLICE). During the first four years of the project, which began in 2008, South Center and 23 other lakes throughout the state, representing a range of ecological conditions, will undergo intensive monitoring. Factors monitored will include water chemistry, water clarity, aquatic plant communities, fish populations, and invertebrates. From this four year pilot study, indicators will be identified that can be used to assess lakes' responses to environmental stressors.

Information about habitat and vegetation on South Center Lake can be found in Fisheries lake surveys dating back to 1942 (Table 1). However, it is difficult to draw conclusions about species diversity in surveys prior to 1995 since only the most prevalent species were listed, and species such as pondweeds were lumped together as one classification. The 1956 lake survey indicated that vegetation was abundant over 40% of the lake, growing to a depth of 10 feet. Aquatic plant control was practiced as early as 1955.

The non- native plant curlyleaf pondweed (*Potamogeton crispus*) has been in South Center Lake since at least 1969 (Table 1). Curlyleaf pondweed is a perennial submersed aquatic plant that was first noted in Minnesota around 1910 (Moyle and Hotchkiss 1945). Unlike most native submersed aquatic plants, curlyleaf pondweed plants sprout in the fall and grow slowly throughout the winter, even under thick ice and snow cover (Wehrmeister and Stuckey 1978). This strategy gives curlyleaf pondweed an advantage over native plants; by the time other species start growing in the spring, curlyleaf plants are large enough to block light penetration to the bottom. By late spring, curlyleaf pondweed can form dense mats which interfere with recreation. In mid-summer these dense mats senesce and die back, releasing nutrients that can contribute to undesirable algae blooms. Before curlyleaf pondweed plants die back, they form hardened stem tips called turions, which serve the function of vegetative reproduction. These turions sprout in the fall and begin the plant's life cycle again.

The SLICE work plan calls for South Center and the other sentinel lakes to be sampled for aquatic vegetation annually for four years. The 2008 sampling represents the first year of this study. This sampling will add to the understanding of annual variability in lake vegetation communities.

#### Methods

Point intercept surveys were conducted on South Center Lake in May and August of 2008. Methodology for the point intercept survey was developed by Madsen (1999) and modified by the Minnesota Department of Natural Resources (2008). A grid of sample points was generated

at a density of 0.7 points/acre. Past Secchi depth readings were used to determine the probable maximum depth of plant growth, and points were created out to the depth contour one meter beyond the maximum depth. Additional points were added to adequately sample shoreline areas. A field crew used a global positioning system (GPS) unit to navigate to each point. A double headed garden rake was thrown once to sample vegetation in an approximate 1 meter square area. If any species were visually observed but not sampled on the rake they were recorded separately on field forms. Depth was recorded using a depth finder or survey rod.

#### Results

Twenty species of aquatic plants were sampled in the two surveys. Plant species and frequencies from both surveys are listed in Table 2. Vegetation was much more widespread during the May survey than the August survey (92% vs 55% frequency). Curlyleaf pondweed was abundant and widespread during the May survey, occurring at 83 percent of sample points (Figure 2). Coontail was the most prevalent species in August, occurring at 42 percent of points (Figure 3).

#### Discussion

Aquatic plants serve many ecosystem functions including primary production, stabilizing sediments, maintaining water clarity, and providing habitat for zooplankton, macroinvertebrates, and numerous fish species (Valley et al. 2004). Development of shoreline can lead to significant losses of aquatic vegetation, especially emergent and floatingleaf species (Radomski 2006, Radomski and Goeman 2001). The effects of small areas of vegetation loss are cumulative over the entire lake.

The two main challenges associated with the management of curlyleaf pondweed are to minimize damage to native plants and to produce long term control. Recent research into the control of curlyleaf pondweed has focused on treating in early spring, before turions have formed. Early spring treatments with low rates of endothall based herbicides such as Aquathol K have been successful in reducing nuisance growths of curlyleaf pondweed and increasing native plant growth in Minnesota lakes (Skogerboe et al. 2008). The MN DNR protocol for large scale treatment of curlyleaf pondweed calls for low rate applications of endothall as Aquathol K when water temperatures are between 50-60 F and rising (MN DNR 2008). While curlyleaf pondweed can present problems for the native plant community, water quality, and recreation, any treatment method should be approached with extreme caution; all potential long term effects on water chemistry and plant and animal communities must be considered and weighed against any potential short term benefits of aquatic plant control.

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Figure 1. Grid of points sampled during the 2008 vegetation point intercept surveys on South Center Lake.



Figure 2. Survey points, shown in red, that had curlyleaf pondweed during the May 2008 vegetation point intercept survey on South Center Lake.



Figure 3. Survey points, shown in red, that contained coontail, the most abundant aquatic vegetation species during the August point intercept survey on South Center Lake.

Table 1. List of aquatic plant species that have been recorded in South Center Lake

Common name	Scientific name	Survey years
Emergent species (13 total)		
Blue flag iris	Iris versicolor	F, G
Broad leaved arrowhead	Sagittaria latifolia	B, C, D, E, F
Cattail	Typha latifolia	A, B, C, D, E, F, G, H
Giant burred	Sparganium eurycarpum	F
Hardstem bulrush	Scirpus acutus	A, B, C, D, E, F
Needlerush	Eleocharis accicularis	F
Purple loosestrife	Lythrum salicaria	F, G
River bulrush	Scirpus fluviatilis	F, G
Rushes	Juncus sp.	F
Sedge	Carex or Cyperaceae	B, F, G
Softstem bulrush	Scirpus validus	F
Water smartweed	Polygonum amphibium	D, E
Wool grass	Scirpus cyperinus	F
Submerged and floating leaf spec	cies ( 26 total)	
Bushy pondweed	Najas flexilis	F, G, H
Canada waterweed	Elodea canadensis	A, B, C, D, E, F, G, H
Claspingleaf pondweed	Potamogeton Richardsonii	F, G, H
Coontail	Ceratophyllum demersum	A, D, E, F, G, H
Curlyleaf pondweed	Potamogeton crispus	C, E, F, G, H
Filamentous algae		F, H
Flatstem pondweed	Potamogeton zosteriformis	E, F, G, H
Floatingleaf pondweed	Potamogeton natans	C, E
Greater bladderwort	Utricularia vulgaris	F
Greater duckweed	Spirodela polyrhiza	F
Largeleaf pondweed	Potamogeton amplifolius	C, F
Leafy pondweed	Potamogeton foliosus	F
Lesser duckweed	Lemna minor	D, F, G, H
Muskgrass	Chara sp.	В, С, Н
Narrowleaf pondweed	Potamogeton sp.	G, H
Northern watermilfoil	Myriophyllum sibiricum (exalbescens)	D, E, F, G, H
Robbins' pondweed	Potamogeton Robbinsii	Н
Sago pondweed	Stuckenia pectinata	Н
Variable pondweed	Potamogeton gramineus	F
Water meal	Wolffia sp.	F, G, H
White water buttercup	Ranunculus sp.	Н
White waterlily	Nymphaea tuberosa	D, E, F, G, H
Whitestem pondweed	Potamogeton praelongus	А, Н
Wild celery	Vallisneria americana	C, F, H
Yellow water starwort	Zosterella dubia	A
Yellow waterlily	Nuphar variegatum	A, E, F, G, H

A) 1942 Fisheries lake survey; B) 1956 Fisheries lake survey; C) 1969 Fisheries lake survey; D) 1975 Fisheries lake survey; E) 1985 Fisheries lake survey; F) 1995 Fisheries lake survey; G) 2005 Fisheries lake survey; H) 2008 SLICE vegetation sampling

Table 2. Percent frequency of occurrence of aquatic plant species sampled at depths of 15 ft or less, during point-intercept surveys in May and August in South Center Lake, Chisago County, MN (N = 414). Ninety percent of all plants sampled occurred in depths less than 10.3 feet during

the spring surveys and 6.7 feet during the summer surveys.

Survey	Common Name	Species Name	Growth	Frequency
Date			Form	(%)
5/24/2008	All rooted plants			91.8
	Curly-leaf pondweed*	Potamogeton crispus	Submersed	82.9
	Filamentous algae			19.7
	Coontail	Ceratophyllum demersum	Submersed	19.4
	Robbins' pondweed	Potamogeton robbinsii	Submersed	4.0
	Yellow waterlily	Nuphar sp.	Floating	3.6
	Muskgrass	Chara sp.	Submersed	1.9
	Northern watermilfoil	Myriophyllum sibiricum	Submersed	0.9
	Canada waterweed	Elodea canadensis	Submersed	0.7
	Lesser duckweed	Lemna minor	Free-floating	0.7
	Cattail	Typha sp.	Emergent	0.5
8/12/2008	All rooted plants			54,9
	Coontail	Ceratophyllum demersum	Submersed	41.8
	Northern watermilfoil	Myriophyllum sibiricum	Submersed	9.4
	White waterlily	Nymphaea sp.	Floating	8.9
	Robbins' pondweed	Potamogeton robbinsii	Submersed	8.0
	Curly-leaf pondweed*	Potamogeton crispus	Submersed	7.5
	Bushy pondweed	Najas flexilis	Submersed	5.6
	Filamentous algae			4.6
	Canada waterweed	Elodea canadensis	Submersed	4.3
	Flat-stem pondweed	Potamogeton zosteriformis	Submersed	3.4
	Clasping-leaf pondweed	Potamogeton richardsonii	Submersed	3.1
	Lesser duckweed	Lemna minor	Free-floating	2.7
	Narrow-leaf pondweed	Potamogeton spp.	Submersed	1.4
	Watermeal	Wolffia sp.	Free-floating	1.0
	Sago pondweed	Potamogeton pectinatus	Submersed	0.7
	Yellow waterlily	Nuphar sp.	Floating	0.5
	White-stem pondweed	Potamogeton praelongus	Submersed	0.5
	Cattail	Typha sp.	Emergent	0.5
	Wild celery	Vallisneria americana	Submersed	0.5
	White water buttercup	Ranunculus sp.	Submersed	0.2